

# August 2019



**SUN**

**MON**

**TUE**

**WED**

**THU**

**FRI**

**SAT**

**4** Let your child help you make sun tea. (Cooking)

**5** Have your child think up ways to conserve water at home. (Science)

**6** Let your child help harvest vegetables or fruit in a garden. (Nutrition)

**7**



**8** Go on a walk and see how many opposites your child can find. (Reasoning)

**9** Make a new friend at the playground. (Social Skills)

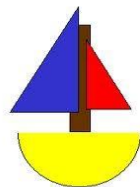
**10**



**11** Play Hopscotch. (Math and motor skills)

**12** Let your child make a beach scene out of shapes. (Art & Shape Recognition)

**13**



**14** Lay outside at night and study the stars and the moon. (Nature)

**15** Sing Twinkle Twinkle Little Star with your child. (Music)

**16**



**17** Play a "Shadow Game" with your child and use your hands & make shadows on a wall (Science)

**18**



**19** Measure a shadow and see how it changes during the day. (Science)

**20** Set a sheet of dark paper in the sun. Place objects on the paper to make a "Shadow Print" (Art)

**21** Find a sea shell and See if you can "hear the ocean" Auditory discrimination

**22**



**23** Spread glue on a paper shell shape and sprinkle it with colored sand. (Art)

**24** Build a sand castle at the beach or park. Decorate it with rocks or sticks. (Construction)

**25**



**26** Sing songs about the beach or ocean "Goldfish" by Laurie Berkner for example. (Music)

**27** Help your child send a card to a friend or relative (Writing & Kindness)

**28** Discuss fire safety and practice routes out to the house. (Safety)

**29** Encourage your child to dictate a story to you. (Language Development)

**30** Look for things that start with the same sound/letter as your child's name. (Letters & Phonics)

**31**

